

SUMMER 2026

Tarporley War Memorial Hospital Trust Newsletter

700336



WELCOME!

In this latest newsletter, we're delighted to announce the projects we'll be funding over the next year. You'll also meet another member of the team behind the charity, and discover what's coming up and available to you.

NEWLY FUNDED PROJECTS

Meet the new projects that are helping shape the health and wellbeing of our community and surrounding areas. From grassroots initiatives to growing local programmes, each project shares a commitment to creating positive, lasting impact. Stay up to date over the coming weeks through our social media channels.

LET'S FARM CIC

Offering those with learning difficulties a chance to take part in farming life.



DIGITAL CONFIDENCE FOR CARERS (OPAL)

Supporting unpaid carers ages 60+ to access and use digital health tools.



SUPPORT IN SOUND

Delivering a 10-week community music therapy and research programme for people with dementia and their carers in West Cheshire, supporting wellbeing and social connection.



More on the back →

RESPIRE AND SUPPORT AT THE POPPY CLUB

During #CarersWeek, we caught up with Rachel, Activities Co-ordinator at The Poppy Club. Held every Thursday and Friday at Tarporley War Memorial Hospital, this welcoming social group brings people together to enjoy activities, try new things and take part in events in a friendly, supportive environment. It also provides valuable respite for family carers, giving them time to focus on themselves while knowing their loved ones are in safe and supportive company.



Scan to watch the video!



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WHICH WAY FORWARD?

Delivering mental health workshops across local areas supporting farmers by increasing stress awareness and coping strategies.

YOUTH MENTAL HEALTH (ENIGMA WELLNESS)

Supporting youth mental health through programmes including managing exam anxiety and to help parents/carers better support young people managing anxiety.

WHITEGATE COMMUNITY GROUP

Supporting individuals with SEN, social isolation, and anxiety to develop life skills, build confidence, and gain experience in a gentle, supportive environment.

THE AARON DIXON FUND (CRY)

Successfully delivering life saving heart screening for young people aged 14-35.

DOWN SYNDROME CHESHIRE

Supporting individuals and their families in the area with life skills, digital confidence and engagement.

END OF LIFE PARTNERSHIP

Delivering a Namaste sensory care project for dementia support.

A big thank you to Tarporley 41 Club for supporting our grants with a £3,000 donation!

GROUPS AT THE HOSPITAL

The Poppy Club

Friendly social space for older community members & respite for carers.
Meets Thursdays & Fridays, 10:00am–3:00pm

CALL: 01829 458288

DSN - Tinnitus Support

Meets first Tuesday monthly, 2:30–4:00pm
Open to anyone affected by tinnitus
Just turn up!

CALL: 0333 220 5050

Tarporley Heartbeat CPR Initiative
Regular CPR training sessions.

CALL: 01244 364620 or EMAIL Malcolm on malcom.davies@btinternet.com

Meet the team!

Meet Colin, our Vice Chair of Trustees! Colin brings 35 years' experience as an HR Director, having worked alongside CEOs, boards and senior leadership teams across PLCs and private equity-owned businesses. Outside the charity, you'll find him on the golf course, at choir practice, skiing, or off on a road trip - and yes, he's a self-confessed chocolate connoisseur!



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